Canadian Grief Alliance

Newsletter text

Findings released from largest ever survey on grief in Canada

The Canadian Grief Alliance (CGA), has released the findings of its landmark public survey on grief. With nearly 4,000 respondents, the survey is the largest ever on grief in Canada and will inform a National Action Plan for Grief which the CGA will present to the federal government in 2025.

Key findings include:

- 53% of respondents said their grief went largely unrecognized by others
- 50% of respondents felt inadequately supported in their grief
- 83% of respondents identified being asked about their loss as being helpful
- 54% of respondents wanted more access to one-on-one grief counselling
- 52% of respondents thought educating the public on how to better support each other would be helpful

Learn more:

CGA News Release: https://tinyurl.com/3nds6897

Executive Summary: https://tinyurl.com/mry8wjru

Social media post text:

Note: Please tag us in your posts! @GriefAllianceCA on X/Twitter and Instagram

The Canadian Grief Alliance has just released the findings from its landmark survey on grief in Canada. Nearly 4,000 respondents shared their experiences to help improve support for people who are living with grief. Learn more: https://tinyurl.com/3nds6897 #makegriefapriority

Results from the Canadian Grief Alliance's National Survey on Grief show that the very thing that many people want most when they are grieving - to be asked about their loss - is not how society is likely to respond. Learn more: https://tinyurl.com/3nds6897 #makegriefapriority

Findings from Canada's largest ever survey on grief will inform a first of its kind project being led by the Canadian Grief Alliance, with funding from Health Canada to support people in understanding and responding to grief. https://tinyurl.com/3nds6897 #makegriefapriority